



# Richard Louv

## The Nature-Rich Life

**Thursday, May 9th | 6:00 pm**

Richard Louv is a journalist and author of nine books, including *Last Child in the Woods: Saving Our Children From Nature-Deficit Disorder*, *The Nature Principle: Reconnecting with Life in a Virtual Age*, and *Vitamin N: The Essential Guide to a Nature-Rich Life: 500 Ways to Enrich Your Family's Health & Happiness*. His books have been translated and published in 24 countries, and helped launch an international movement to connect children, families and communities to nature. He is co-founder and Chairman Emeritus of the Children & Nature Network, an organization helping build the movement.

### **Nature-themed craft available for children**

Free copy of Richard Louv's book *Vitamin N* available to participants while supplies last.

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